

## **Filler Pre-Procedure Instructions**

Thank you for scheduling your filler appointment with our office. We look forward to treating you and providing you with the highest standard of patient care. To optimize your results and ensure minimal side effects, we have put together a list of instructions to follow prior to your filler injections:

## No dental work 2 weeks before and 2 weeks after your filler appointment.

If possible, we ask that you please stop any aspirin-containing products (Advil, Aleve, Ibuprofen, etc...), fish oil and vitamins for 1 week. Tylenol is okay.

Plan to be in office for your appointment for 2 hours. You will be scheduled for numbing 30 minutes prior to your treatment time, which consists of photos, consents, updating treatment plan and applying numbing.

If possible, please come in with a clean face and no makeup.

Your filler recheck should be scheduled 2-3 weeks after your filler appointment.