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The 15 Best Serums That Improve Skin, According to Top Doctors

For the most bang for your buck.

By Danielle Fontana Dooley, Senior Digital Editor - May 13, 2020



Serums are to skin care as Whole 30 recipes are to Pinterest boards. Vital, but also overwhelming to absorb all at once. To make the serum-selection process easier, we tapped top dermatologists, facial plastic surgeons and plastic surgeons and asked them which bottle is 100-percent worth adding to our carts. Their skin-transforming answers, below.

Best for: Repairing Skin and Boosting Hydration

"I love [SkinMedica TNS Essential Serum](#) (\$320) because of its combination of growth factors, peptides and antioxidants," says Chicago plastic surgeon [Q Niki Christopoulos, MD](#). "It's really done wonders for improving fine lines and wrinkles thanks to hyaluronic acid." Fresno, CA dermatologist [Q Kathleen Behr, MD](#), agrees, contending she's been using it personally for more than 17 years. "I try other serums, but keep returning to my TNS." Another long-time user: Grand Rapids, MI plastic surgeon [Q Bradley Bengtson, MD](#). "I've used it since it launched. As a guy, it's really difficult to start a new pattern and spend the time to put five or six products on my face daily, so I love TNS. It's a one shot deal and works."

