

# NEWBEAUTY®

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**206**  
 AWARD-WINNING  
 PRODUCTS

**THE DREW  
 DIARIES**

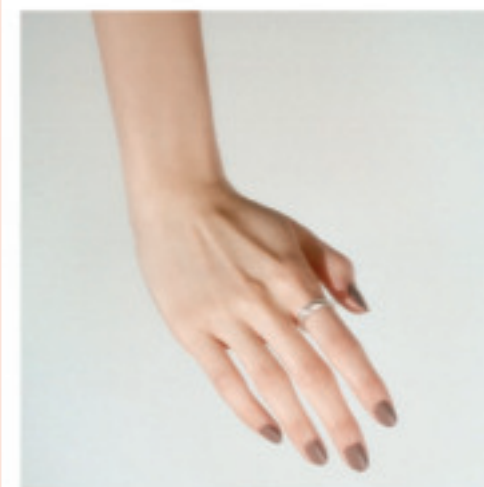
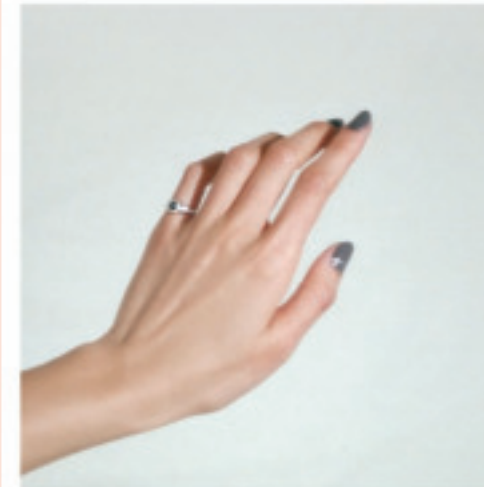
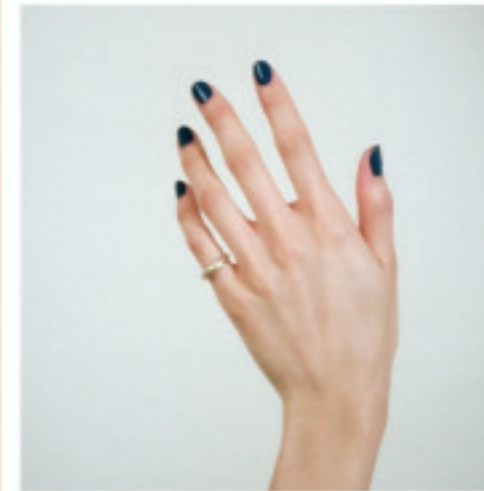
THE POWER OF LIP LINER  
 HER LUNCHTIME LASER  
 THE FRESHEST FACE MASKS

LOOK  
**YOUNGER**

**NOW! 10 TREATMENTS THAT  
 REALLY WORK**



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"In an average clinical day, I diagnose and treat between one and five skin cancers on the backs of the hands," says Dr. Geraghty. "Inspect your hands thoroughly during self-exams, and see a dermatologist annually for a full body screening. (Pictured from top, J. Hannah polishes in Blue Nails, Barbara and Hepworth.)"

**PUT UP YOUR DUKES**

*what the*  
**DOCTORS ORDER**

"Isdin Eryfotona Actinica Ultralight Emulsion SPF 50 is my favorite for anyone with a history of skin cancer or precancerous lesions because it contains phytolase, an enzyme that helps to reverse DNA mutations caused by sun exposure, plus antioxidants to prevent early signs of aging. It's great for the face, but works especially well on the hands, too, as it's water-resistant." —Fresno, CA dermatologist Kathleen L. Behr, MD

"I use EltaMD UV Pure Broad-Spectrum SPF 47 on my hands. With zinc oxide, titanium dioxide and vitamin C, it's powerful but not sticky." —New York dermatologist Ellen Marmur, MD

"Hands are so textural—it's important to find a formula that suits your lifestyle and preferences. Because most people won't tolerate a greasy feel on their hands, I recommend sticks, like Neutrogena Ultra Sheer Face & Body Stick SPF 70 and Shiseido Clear Stick UV Protector WetForce SPF 50+." —Medford, OR dermatologist Laurel Geraghty, MD

"SkinMedica Total Defense + Repair SPF 34 packs antioxidants to help with skin repair in addition to providing protection from UVA, UVB and infrared rays." —New York dermatologist Elizabeth K. Hale, MD

"I apply my regular daily sunscreen to the backs of my hands before heading out, rubbing it in well for a good base layer. Then, to make reapplication easier, I switch to a stick or powder formula, like Avène Hydrating Sunscreen Balm SPF 50+ or Colorescience Sunforgettable Total Protection Brush-On Shield SPF 50." —Los Angeles dermatologist Dr. Michael Kassardjian

"La Roche-Posay Anthelios Melt-In Sunscreen Milk SPF 60 is water-resistant and offers broad-spectrum protection. On the go, I use Supergoop! Glow Stick SPF 50 because it's easy to swipe on and there's no white cast or unpleasant odor." —New York dermatologist Yoon-Soo Cindy Bae, MD



HANDS PHOTOGRAPHED BY SIELLA BERKOWSKY